



Online Resources

...learn to reduce your ecological footprint!

food miles...

Find out the true cost of our food system
www.truecostoffood.org/truecostoffood/movie.asp
Watch your (Fo)odometer on YouTube
www.youtube.com/watch?v=p4RCyxgz97go

eating...

Check out the farm fresh directory at
www.norontagrifood.org/news.
Find a local farm at
www.eatlocalsudbury.com/farm_map

cooking...

Try meatless Monday's, find recipes and tips at
www.vegcooking.com

energy...

Monitor the Rainbow District School Board's
energy usage // www.dearness.ca/rainbow
Challenge your water usage knowledge at
<http://ga.water.usgs.gov/edu/sacsc.html>

growing...

What grows best in Northern Ontario and how?
<http://www.sudburyhorticulturalsociety.ca>
Find other great gardening resources at
www.evergreen.ca/en/lg/lg-resources.html

preserving...

Learn to preserve your garden's bounty at
<http://farmgal.tripod.com/>
Call 1-800-567-8898 for a free book on
Canning from Foodland Ontario

driving...

Get tips for fuel efficient driving at
<http://www.drivewiser.ca/>
Start a tire smart campaign
<http://www.betiresmart.ca/>

climate change...

Request a presentation and learn more about
Al Gore's An Inconvenient Truth at
www.climateprojectcanada.org
Take David Suzuki's nature challenge
www.davidsuzuki.org/naturechallenge/
Find out your ecological footprint at
<http://www.myfootprint.org>

waste...

Resources and contacts to assist you with waste
minimization and conservation initiatives
<http://www.wrwcanda.com/>
Are you recycling everything you can, check
out what's collected in your neighbourhood
www.city.greatersudbury.on.ca

For more information on becoming a partner organization to support youth engagement
in food sustainability, please contact: Meredith Tyhurst, Youth Engagement Coordinator,
Email: youth@foodshedproject.ca, Phone: 705-675-3894, Fax: 705-675-3253,
www.foodshedproject.ca

Youth Engagement Partners



...how big is your foodshed?

