



## Community Climate Challenge

*...making the choices that make the difference*

### *in the HOME...*

- ✓ Buy food from local sources
- ✓ Eat Organically-grown food
- ✓ Eat a diet high in vegetables
- ✓ Grow your own garden
- ✓ Conserve water and energy with a low-flow showerhead
- ✓ Do not use pesticides
- ✓ Install compact fluorescent lights
- ✓ Insulate your attic to R40+
- ✓ Caulk and weatherstrip windows and doors
- ✓ Recycle and compost
- ✓ Turn down the heat in the winter
- ✓ Reduce air conditioning use

### *at the OFFICE...*

- ✓ Turn off the computer at night
- ✓ Use paper with recycled content
- ✓ Recycle paper, cardboard, and reduce waste in the lunchroom
- ✓ Turn off lights when not in use

### *on the ROAD...*

- ✓ Keep tires fully inflated
- ✓ Reduce speed levels
- ✓ Reduce idling your vehicle
- ✓ Buy green fuels
- ✓ Purchase an electric hybrid car



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Canada

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What is Community Food Security? It is a sustainable, self-reliant food system that ensures access to healthy food for all.

*...that there is Zero Hunger*

Poverty.....Zero  
Food banks.....Unnecessary  
Child hunger.....Zero  
Employment assistance.....High  
Social safety net.....Sufficient  
Emergency food systems.....Organized  
Food Policy Council.....Active

*...that we make Healthy Food Choices*

Healthy food.....Accessible  
Community involvement.....Abundant  
Government support.....Abundant  
Diet-related diseases.....Zero

*...that we support Local Food Resources*

Diverse small-scale farming.....Abundant  
Farm-to-fork programs.....Successful  
Local product branding.....Recognized

*...that our environment is Sustainable*

Food Miles.....Less than 100/item  
GHG emissions.....Minimal  
Soil, water and air resources.....Clean  
Bioaccumulation.....Minimal  
Greenspaces.....Abundant  
Biodiversity.....Abundant  
Genetic modification.....Labelled  
Energy conservation.....Abundant  
Renewable energy.....Abundant  
Climate.....Stable

The Foodshed   
THINKING ECOLOGICALLY Project

*...a sustainable eating initiative that supports  
the Greater Sudbury Food Charter*