



**Planted May 26th - here is the Pok Choi on June 17th, about four weeks from planting.**



**Planted May 26th - here is the California Spicy Mix on June 20th, four weeks from planting**



**First cutting of all the salad greens, June 27th, one month after it was direct seeded into the raised bed garden.**



**July 7th harvest...**



**July 12th picking from all the lettuces - Sea of Red, Grand Rapids, Perpetual Spinach Chard, Rhubarb Chard, Pok Choi and California Spicy Mix.**

# Cut-And-Come-Again Lettuce at the Ste. Anne Garden, 2011



**July 12th cutting and regrowth of the Grand Rapids leaf lettuce on July 17th.**



**Regrowth of the lettuce on July 17, five days after harvesting for the fourth time!**

Salad Greens The Foodshed Project Grow A Row Garden Plot, Ste. Anne Garden, 2011

West

East

1)  
**Sea of Red Lettuce**  
40 DTM 5-6 weeks



2)  
**Perpetual Spinach Chard**  
55 DTM 8 weeks



3)  
**Rhubarb Chard**  
55 DTM 7-8 weeks



4)  
**Grand Rapids Lettuce**  
55 DTM 7-8 weeks



5)  
**California Spicy Greens**  
49 DTM



6)  
**Pok Choi Hybrid**  
55 DTM



West

East

### Planting Observations: The Foodshed Project Ste. Anne Grow A Row Garden Plot

General Care: Can be recut. Fertilize after a few cuttings, Water regularly, needs rich soil that retains water, shallow rooted, do not disturb roots, watch for invasive aphids, ants, and other critters.

<p>1)  <b>Sea of Red Lettuce</b>  40 DTM 5-6 weeks  <b>Cut and Come Again Lettuce</b>  Great for containers. Nice accent lettuce for salads. Mild tasting.</p>	<p>2)  <b>Perpetual Spinach Chard</b>  55 DTM 8 weeks  Harvest at 6 inches high,  Harvest outer leaves first, allowing inner leaves to mature. Likes rich moist soil. Temperature tolerant for both heat and cold.</p>	<p>3)  <b>Rhubarb Chard</b>  55 DTM 7-8 weeks  Harvest at 6 inches high,  leaf-like with wide stalks that can be cooked like asparagus. Like a spinach, only hardier. Can bolt in hot weather.</p>
<p>4)  <b>Grand Rapids Lettuce</b>  55 DTM 7-8 weeks  Harvest at 6 inches  Regrows in cool weather,  Nice light green leaf lettuce for salads and sandwiches. Good choice for donations.</p>	<p>5)  <b>California Spicy Greens</b>  49 DTM  Harvest in 5-6 weeks  Regrows in cool weather,  Bitter lettuce mixture, includes endive, red mustard, and arugula.</p>	<p>6)  <b>Pok Choi Hybrid</b>  55 DTM  Harvest in 7-8 weeks as full plants, or cut back leaves for salad greens. Used in stir fry dishes.</p>

South



Grow-A-Row Harvest Planner  
 Cut-And-Come-Again Lettuce Greens  
 Grow-A-Row Donations

Ste. Anne Garden, Grow A Row Raised Bed

Salad Greens, The Foodshed Project, 2011



	May	June					July					August				September		
Circle your planting week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Circle your harvesting week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
<p><b>Lettuce Greens DTM - 40 to 60 days</b>  <b>(5-6 weeks after transplanting, or direct seeded)</b>  <b>Notes: Lettuce is very perishable, so if you choose to "grow-a-row" of lettuce, be prepared for the extra amount of work it will take to deliver it on time. The food bank that you choose must have refrigeration capacity.</b>  <b>Lettuce and greens are easy to grow, and many can be harvested all summer on a regular basis.</b>  <b>When you harvest the lettuce, wash and dry it well. Store lettuce in a closed plastic bag, but squeeze the air out of the bag as much as possible. Do not store open near apples, bananas, as these give off ethylene gas and will promote spoilage.</b>  <b>Deliver perishable greens immediately, or freeze greens such as chards and spinaches.</b></p>	Square 3 - Rhubarb Chard DTM 60 Days - 8 - 9 weeks Leaves are cooked like spinach, Harvest at 6 inches Freezable						Harvest Zone					Replant with cold				.		
	Square 4 - Grand Rapids Leaf Lettuce DTM 55 Days 7 - 8 weeks Harvest at 6 inches.						Harvest Zone					tolerant greens,				.		
	Square 6 - Pok Choi Joi Choi Hybrid DTM 55 Days - 7-8 weeks Slow bolting, Slightly erect with bright green leaves						Harvest Zone					such as kale and				.		
	Square 2 - Perpetual Spinach Chard DTM 55 Days - 7 - 8 weeks - harvest at 6 inches with scissors						Harvest Zone					spinach.				.		
	Square 5- Spicy Greens 40 DTM -harvest at 6 inches with scissors /regrows in cool weather						Harvest Zone									.		
	Square 1 - Sea of Red Lettuce 40 DTM -harvest at 6 inches with scissors /regrows in cool weather						Harvest Zone									.		
																.		
DTM Days to Maturity	7	14	21	28	35	42	49	56	63	70	77	84	91	98	105	112	119	
Spring Planting	May	June					July					August				September		

Direct Sun

Hot days and nights

Cooler nights

Frost at night